

# Erie Times-News

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## Saving green

The Worldwatch Institute, a research organization in Washington, D.C., recently e-mailed me a list of simple steps for going green in 2012. While all are good for the environment, a few also are good for our wallets and bank accounts.

Here's one of them:

Turn down the heat.

Turning down your home's thermostat by 10 to 15 degrees Fahrenheit for eight hours a day can save you 5 to 15 percent on your home heating bill, according to the Worldwatch e-mail.

I already have my house's thermostat programmed for 7 degrees lower when I'm at work than when I'm at home. Maybe I'll change that to 10 degrees.

I've also found that by wearing a sweater or sweatshirt when I'm home, I can keep the thermostat a couple degrees lower than if I'm going around in a T-shirt.